

Patient details		GP details	
Surname		Referring Clinician	
Forename		Practice Name	
DOB		GP address	
Pt Address & Postcode		GP Tel no	
		GP Fax no	
NHS No		GP Email	
Tel work/home		Date of referral	
Tel mobile		Date referral received	

Please, send your referral to Thames Valley Vasectomy Services via eRS or refer via secure email (recommended route): [tvvs.admin@nhs.net](mailto:tvvs.admin@nhs.net). Please, attach a summary printout with PMHx, DHx, allergies and tests in the last 6 months to the referral form. Please signpost your patient to [www.vasectomy.me.uk](http://www.vasectomy.me.uk).

Clinical details	
Hx of Hernia Surgery, Orchiectomy, Orchiopexy, Scrotal Surgery, Injury or scrotal pain.	Y <input type="checkbox"/> N <input type="checkbox"/>
Infective Hepatitis or HIV	Y <input type="checkbox"/> N <input type="checkbox"/> - comment:
PMHx comments	
Any blood thinning medication?	Y <input type="checkbox"/> N <input type="checkbox"/> - drugs:
BMI:	Diabetes: Y <input type="checkbox"/> N <input type="checkbox"/> Last HbA1c:
I confirm that I have examined this patient's genitalia and they are normal	Y <input type="checkbox"/> N <input type="checkbox"/>
Examination comments	
I confirm I have counselled the patient regarding other forms of contraception including LARCs	Y <input type="checkbox"/> N <input type="checkbox"/>
I confirm the patient is not allergic to local anaesthetic	Y <input type="checkbox"/> N <input type="checkbox"/>

I confirm I have read the guidance document below

Y  N

Potential concerns about patient suitability:

### **Vasectomy Referral Guidance Document:**

For your own benefit you may wish to read this part of the TVVS website once and / or refer you patients to it to read it <https://vasectomy.me.uk/why-not-to-have-a-vasectomy/>. Find an abbreviated version of the guidance below.

### **Absolute contraindications to vasectomy:**

1. **Intrascrotal Hernia** (needs hernia repair first) and
2. **Lack of Mental Capacity** (Note: Court order needed, which has to be initiated by the person with Power of Attorney for Medical Care)
3. **Poorly controlled diabetes (HbA1c > 68)**. These patients should not have any elective surgery and be well controlled first. Please send last HbA1c result.

### **Increased Risk of Problems, Disappointment or regret:**

There are a number of **important clinical issues** we need to know in order to be able to counsel patients appropriately and avoid disappointment:

1. Very obese patients (**BMI over 35**): These are sometimes difficult to operate on and have higher infection rates
2. **Diabetic** patients (need **good HbA1c control** to avoid postoperative complications) and infection (see above)
3. **Smokers** have a **400% higher infection risk** in all procedures. Please recommend switching to vaping if stopping smoking cannot be achieved. Stop at least 3-4 days before vasectomy.  
<https://www.ncbi.nlm.nih.gov/pubmed/22566015>
4. **Great anxiety** about the procedure, **feeling forced** into it or **feeling very negative** about the whole prospect or are generally **mistrusting**: These patients tend to not do so well and are at **high risk of PVP** (post vasectomy pain). In our experience these include patients, who want to know **every single detail** about the procedure and worry greatly in advance or very scatty and disorganised patients. Other mental health conditions like **Depression** and **Personality Disorders** can negatively affect outcomes and patient satisfaction.
5. **Coagulation disorders** (i.e. van Willebrands etc. or prior bleeding problems at other surgical interventions): This is very important as it can cause significant bleeding and side effects and sometimes a medical opinion has to be sought.
6. **History of fainting** (only extreme cases cause problems, but it is important to know, so we can prepare)
7. **Young patients (<25y)** with children and **patients without children (<30y)**: Higher statistical risk of regret.
8. **Chronic pain treatment for low back pain** (particularly opiates, Pregabalin, Gabapentin etc): Higher risk of post vasectomy pain)

For details about changes in the referral process between TVVS (current provider) and Marie Stopes (previous provider) click here: <https://vasectomy.me.uk/vasectomy-referrals-2024-changes-bob-icb/>. Our practices and pathways are based on the new FSRH vasectomy standard 2024 <https://www.fsrh.org/Public/Documents/fsrh-service-standards-for-vasectomy-april-2024.aspx>. We have worked with BOB ICB to implement those in the new vasectomy contract.

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Thames Valley Vasectomy Services

The Bourne End Clinic, 12 Furlong Road, Bourne End, Bucks, SL8 5DG. Tel 07973 663355 or 01628 969077.  
[www.thebourneendclinic.co.uk](http://www.thebourneendclinic.co.uk) and [www.vasectomy.me.uk](http://www.vasectomy.me.uk) email: [office@tvvs.uk](mailto:office@tvvs.uk)